

STARTER KIT

# SHARE & MEND

MAKING, MENDING AND SHARING

# ABOUT THE PROJECT

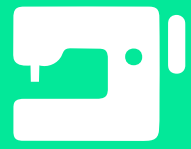
Do you have some old clothes lurking at the back of the wardrobe that you never wear? Or items with superficial damage that you'd love to bring back to life?

Share & Mend is a clothes exchange, where you can swap the clothes you wear least often for something fresh for the next season. It's also a space to repair, personalise and bring new life to old garments.

Children grow so fast, instead of throwing the clothes away, why not organise a clothes swap with your neighbours? You could save money, help to upcycle textiles and have fun trading clothes with your neighbours. There are so many possibilities and you'll definitely find people on your street with sewing skills!



# WHAT'S IN THE KIT



2

SEWING  
MACHINES



384

MIXED  
THREADS



6

SCISSORS



6

MEASURING  
TAPES



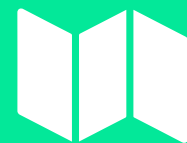
100

BUTTONS



5

FABRIC  
DYES



PROMOTIONAL  
MATERIALS



SUPPORT



WORKSHOP  
& TRAINING



INSURANCE

# WORKSHOPS & NETWORKS

To help with the planning and organising of your Tomorrow Today Street, a number of workshops have been designed and scheduled across a 5 week period. These workshops will be scheduled at different times and repeated each week so everybody has a chance to join in!

Workshops will be informative and informal, guiding you and your neighbours through the nitty gritty details of the projects work and how you can start them on your street.

Follow the link to keep updates: [https://www.facebook.com/pg/weareeveryone.org/events/?ref=page\\_internal](https://www.facebook.com/pg/weareeveryone.org/events/?ref=page_internal)

## HOW TO ORGANISE TOMORROW TODAY STREET

How to plan and organise a Tomorrow Today Street with your neighbours. Learn how to get others involved in your neighbourhood and start a team. We'll go through ways to asset map ideas to get you and your project started.

Some of the projects require online Health and Safety training which we will explain how to carry out and complete.



## HOW WE WORK

Learn about our principles and how they can help you to make your project inclusive and welcoming to all of your neighbours as the project grows.



## DIGITAL BRIEFINGS

Introduction to the digital tools you can use to support the Tomorrow Today Street projects. We'll go through the uses of different social media platforms and softwares, and follow easy steps.



## INTRODUCTION TO SHARE & MEND

In our first session, we'll go over some of the basics and think about how to get others involved in this exciting new project.

We'll look at Share & Mend sessions that have taken place in our neighbourhood shops, and the equipment, training, and support you'll get to start yours in your street.

It's a good idea to have a think about any questions you want to ask the team, write them down and bring them along.



## HOW TO SET UP SHARE & MEND

When it comes to setting up Share & Mend, it's important that you have key components to run this workshop smoothly. Imagine there's lots of fabric, clothing, small haberdashery items around. How can we best display it so it's fun to rummage through those beautiful garments and fabrics? - Think clothing rails, racks, hangers, different sized boxes to help you display everything.

Come to the workshop to find out more on how to have your own Share & Mend sessions on your street.



## SETTING UP A SEWING MACHINE

Setting up a sewing machine can be frustrating and fiddly process, but once you know the technique and the steps to set it up, it will be easier.

You will need a table, a chair and access to a power socket where you can plug in your sewing machine. Every machine is slightly different, so make sure to read the manual and follow the instructions on how to set it up.

Come to an easy and fun introduction into the basics of setting up and using a sewing machine.



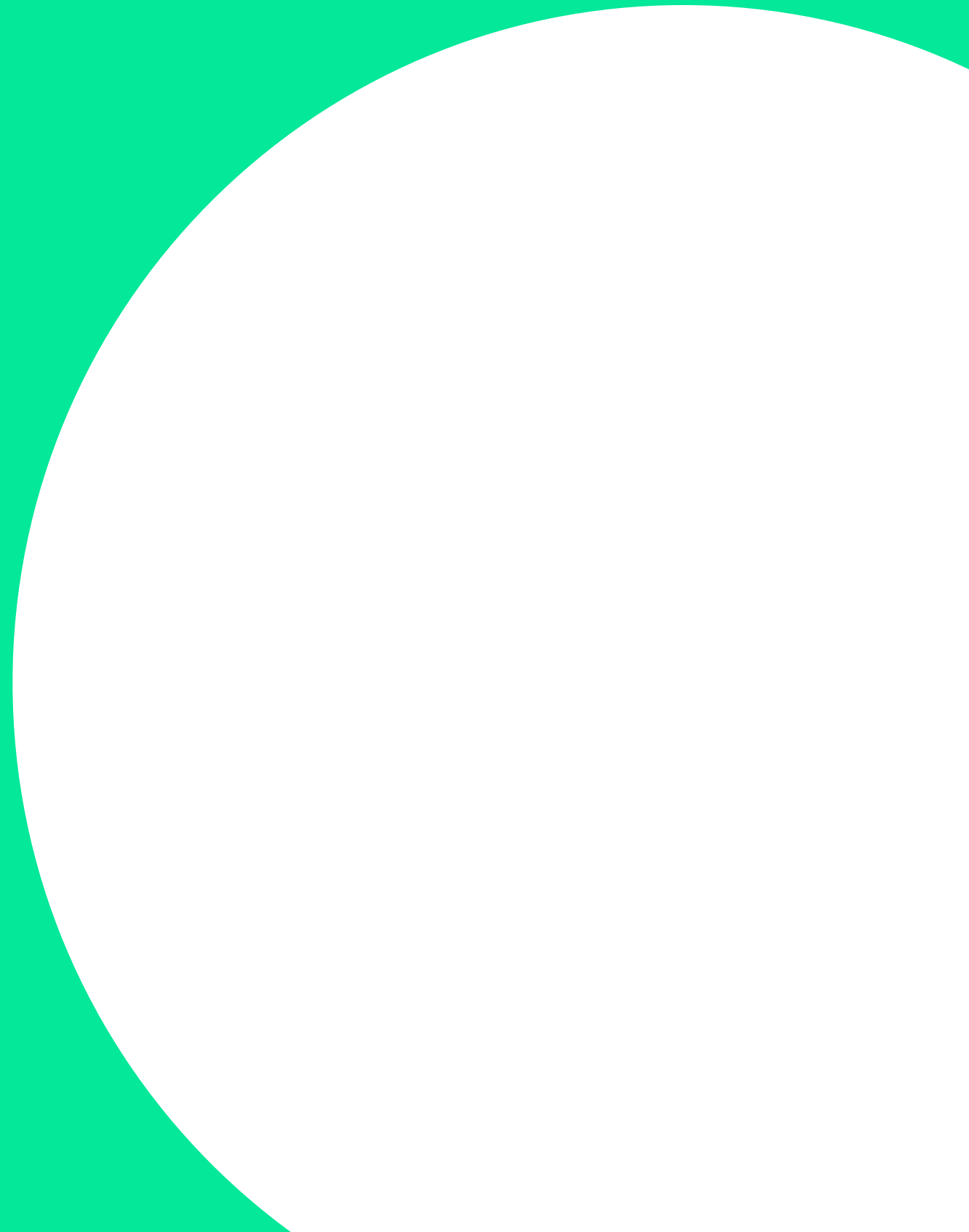
## SEWING TIPS & TRICKS

If you haven't sewn much before, start with simple projects like making a cushion cover. Straight long lines are best to practise on a sewing machine. When it comes to mending clothes, like taking up a trouser hem, make sure you use a tape measure, fabric chalk and pins to indicate the new length.

A fun filled workshop showing you some quick and easy tips & tricks to learning about sewing and upcycling your old clothes giving them a new lease of life.



# THE BIGGER PICTURE



# ABOUT EVERY ONE EVERY DAY

For the past two years Every One Every Day has been working with people across the borough, joining together to share skills, start projects and make friends. Residents have been pouring their creativity and energy into these projects, ranging from cooking, making, sewing, playing, growing, sharing, composting, film and writing.

## WHAT IS EVERY ONE EVERY DAY ABOUT?

There are five high street shops around the borough and one large public makerspace called The Warehouse in Thames.

People pop in to have a cup of tea and share their project or collaborative business idea and then work with the design team.

Over the last two years the project has grown a large enthusiastic network of over 6000 local people, who are doing practical things together to make everyday life better for everyone.

So far more than 150 neighbourhood projects have started with lots of local people participating, with as much or as little support as needed, including cooking, beekeeping, growing, making, repairing and much more.

Many small things done by many people really add up, and really do make friendly, healthy and happy neighbourhoods.

Lots of wonderful things are being achieved by local people, families, friends and neighbours!

## HOW DOES EVERY ONE EVERY DAY WORK?

Practical hands on ideas – not lots of meetings Every One Every Day builds on the ‘hands on’ projects that people have been creating over the last few years in their own neighbourhoods. These types of projects welcome people from all walks of life.

These projects include:

- Sharing skills, spaces and resources.
- Families working and playing together.
- Batch cooking and community meals.
- Food growing and tree planting.
- Trading, making and repairing.





# HOW IT WORKS



1

APPLY TO BECOME A TOMORROW TODAY STREET WITH A SIMPLE FORM

2

TALK TO THE TEAM ABOUT HOW THE PROJECT WORKS

3

YOU'LL GET 3 STARTER KITS SENT TO YOU WHEN YOU CONFIRM

4

CREATE CONTACT LISTS THROUGH FLYERS AND POSTERS

5

START WORKING ON 3 PROJECTS WHEN THEY ARRIVE

6

ONLINE ACCREDITED TRAINING FOR YOUR TEAMS

7

LAUNCH STREET PARTY

8

HOLD WORKSHOPS WITH NEIGHBOURS TO SURFACE SKILLS AND IDEAS

9

CHOOSE FROM 21 OTHER PROJECTS WITH YOUR 20 POINTS

10

LEARN WITH OTHER TOMORROW TODAY STREETS



# INCLUSIVE PRINCIPLES

HOW THE TOMORROW TODAY STREETS WILL WORK WITH NEIGHBOURS AND THE EVERY ONE EVERY DAY TEAM

**1**

**OPEN TO EVERYONE  
- NOT EXCLUSIVE GROUPS OR CLUBS**

Anyone can start a Tomorrow Today Street, as long as you live in the borough you're ready to go! If you need help connecting with your neighbours to get started the Neighbourhood Shop Teams are ready to help.

**2**

**EVERYONE IS VALUED, ON AN EQUAL FOOTING**

The whole street matters! Starting a Tomorrow Today Street means creating space for everyone to have a say in picking projects, planning and taking part.

**3**

**PROJECTS THAT BENEFIT THE WHOLE STREET  
- NOT JUST INDIVIDUAL HOUSEHOLDS**

The projects are designed to work together and benefit everyone in your street. The Starter Kits are full of great bits for everyone on your street to use, it's important to make sure that material and equipment are accessible and are easy to borrow and keep safe.

**4**

**PRACTICAL SPEEDY WAYS OF WORKING IN PROJECT TEAMS - NOT COMMITTEES**

It's important that when planning the projects to start on your street, you and your neighbours share responsibility and make decisions together so you can get started quickly. Different people will form small teams around each project, and those who are actively involved will have the most influence over the decisions.

**5**

**CHILDREN ENCOURAGED TO BE INVOLVED IN PRACTICAL PROJECTS AS MINI-MAKERS  
- NOT JUST SPECTATORS**

There's always something for the kids! Across the 24 projects you'll find lots of activities that children and young people can host, take part in, learn from and enjoy! At Every One Every Day children are mini-makers, creating, learning and sharing their skills.

**6**

**SUPPORT FROM EVERY ONE EVERY DAY**

The Every One Every Day team will help you every step of the way. They will support your street with lots of tools, ideas and plans to kick off your Tomorrow Today Street the right way. We're learning and researching together to make everyday life better in your street.

# BIG TEAMING ON YOUR STREET

Every person on your street has something amazing they can contribute to making your Tomorrow Today Street wonderful! Big teaming is a different way of working, the aim is to get as many people in your street benefiting and contributing from these practical projects as soon you can.

Often with neighbourhood projects committees are established to control and direct activity. This is mostly done because small groups may be managing money and some kind of governance is required. Working through committees often leaves people working on them exhausted, it can slow things down, and make it hard to move things from talking to action and cause people to lose interest.

The Tomorrow Today Street project is set up so that people can get things done and done quickly, not wasting any precious enthusiasm.

The Starter Kits come complete with equipment, materials, insurance and support so there is no need for governance around money in the usual way.

The aim of big teaming is to allow smaller groups of people to collaborate together on individual projects that engage their skills and ideas and fit within their daily life. For example 4 people may come together to start a bread making project like Loaf — that bakes regularly and shares this bread with neighbours. Another set of neighbours may come together to plant and look after an orchard, share the harvest or arrange jam making. A group of parents may collaborate to start a walking bus.

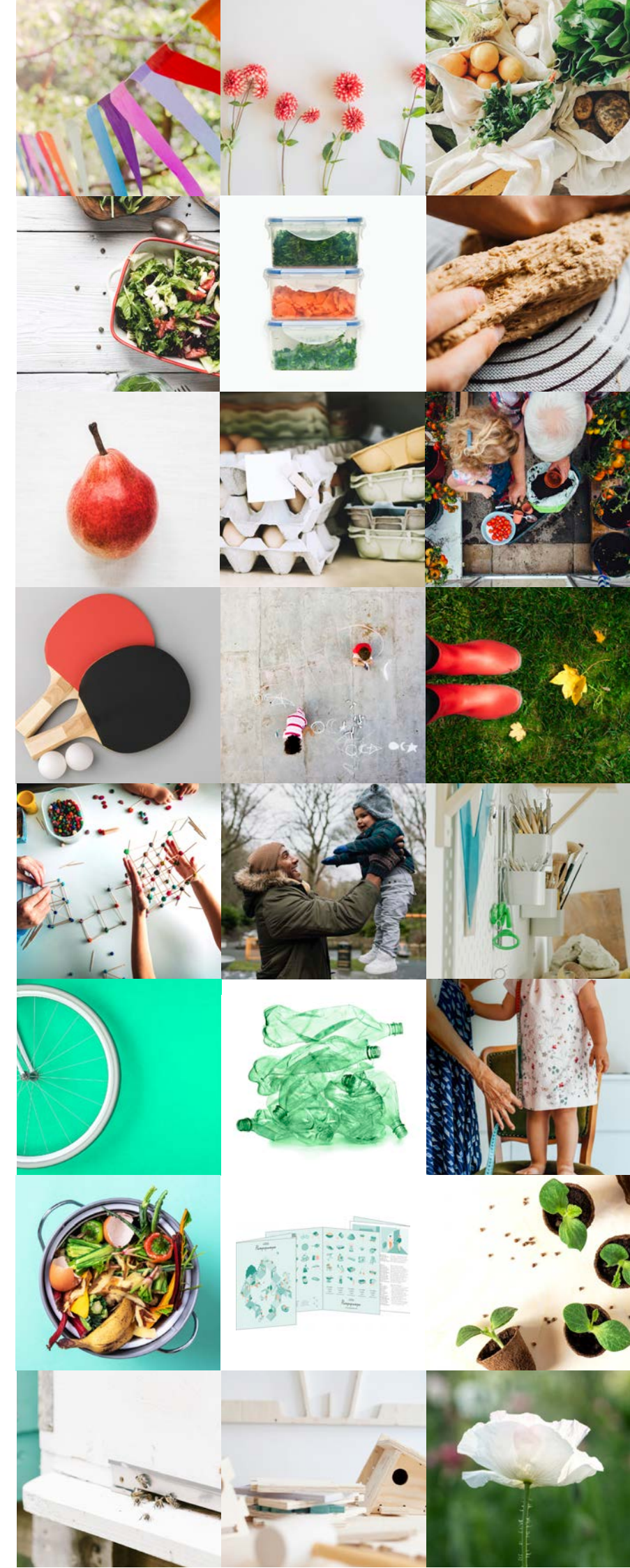
As the teams and projects grow - many people will participate and be involved, get to know their neighbours and share ideas, food, skills and friendships.

Every Tomorrow Today Street has automatic projects which will help neighbours get to know one another better. Decisions will

need to be made about which other projects will be chosen for your street.

A Every One Every Day team will arrange a workshop for your street where this can be discussed and projects chosen. Importantly, skills and enthusiasms will need to be gathered from people who attend the workshop and those who couldn't make it.

If three people come forward during this process and want to start one of the projects together, all efforts should be made to make this happen as quickly as possible.



# TOOLS TO ACT

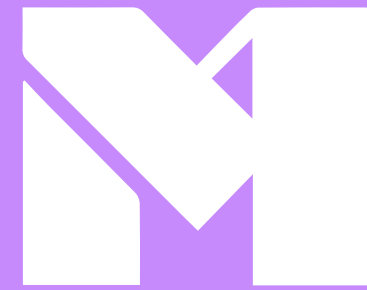


# DIGITAL TOOLS

There are many digital tools you can use to help you and your neighbours stay organised, plan together, share ideas and show your street to the world.

You will learn exactly how each digital tool could help you and which one is best for your street in the Digital Briefing Workshop (see workshop section).

The every one every day team will help you set up to organise your tomorrow today streets using some of these platforms.



## MIGHTY NETWORK

A social platform where you can organise as a street, document your progress and find all information regarding workshops.



## WHATSAPP

A great app for sending instant messages and pictures, Whatsapp is a great tool to chat and organise with your neighbours.



## INSTAGRAM

You can use Instagram as a photodiary, sharing lovely pictures of your street with family, friends and the world!



## MONDAY.COM

A great planning website which will help you create task lists with deadlines and assign roles to each person on your team. You can create a Monday's board with your Street Mentor so they can help you plan and stay on track.

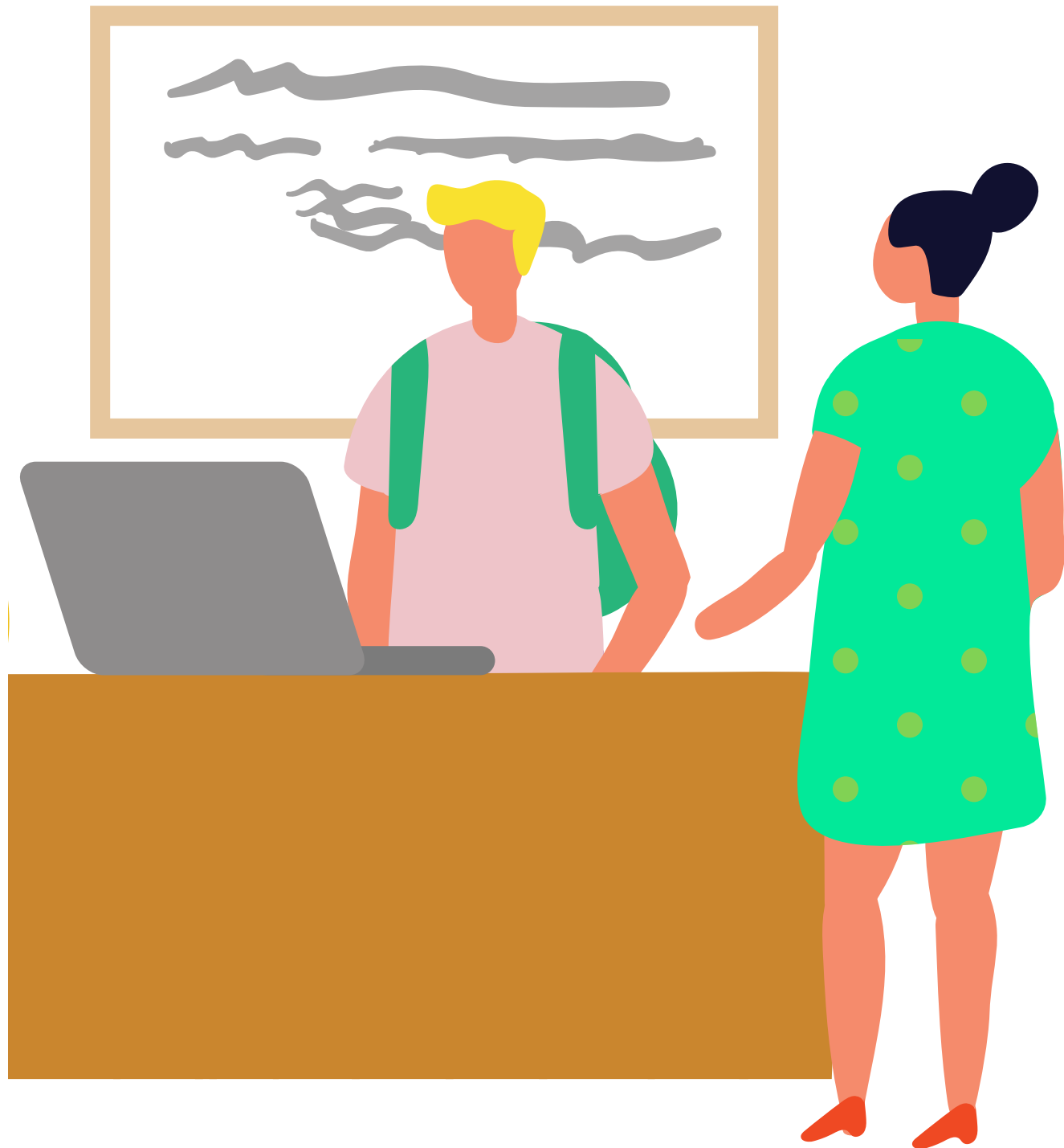


## MURAL

A giant online notepad you can use to draw plans, create moodboards and workflows.

# RESEARCH

SHARE THE STORY OF YOUR STREET



## BECOMING A MEMBER OF EVERY ONE EVERY DAY

As your Tomorrow Today Street grows and more of your neighbours become involved, it's important that they become members of Every One Every Day so they are covered by the insurance policy and can take part in the programmes evaluation. A simple online digital sign up form has been created for you to share at sessions.

## INTERESTING RESEARCH ROLES

Research isn't just about writing notes and recording numbers. You and your neighbours can take on different roles to keep track of your project and showcase all the amazing work you'll be doing together. The Photographer, The Counter, The Maker and The Writer are all roles for people to find creative ways to tell your streets story.

- What kind of resources or equipment are useful.
- Your experience setting up the project, what kinds of conversations did you have with neighbours, which themes can you pick up, working together with other residents.
- What are the challenges, highlights and developments?
- What types of things did people share & mend?
- How many people attended the sessions?
- Remember to take photos of the sessions & the clothes which have been mended and/or upcycled.

## EVERY ONE EVERY DAY PRIVACY POLICY

Download and share the privacy policy with neighbours taking part in sessions so they know exactly how their information will be used.

# HEALTH & SAFETY

To ensure the safety of everyone, we ask that residents running Share & Mend have certain training prior to the event. This is to align to our insurance policy - just incase!

## FIRST AID

This project involves small pieces and some sharp objects like needles and fabric scissors. First Aid training would be useful if you are using such materials, not just for yourself, but for others around you.

## USING MACHINERY

At the Every One Every Day Warehouse, there are training opportunities and workshops that can teach you how to use a sewing machines safely.

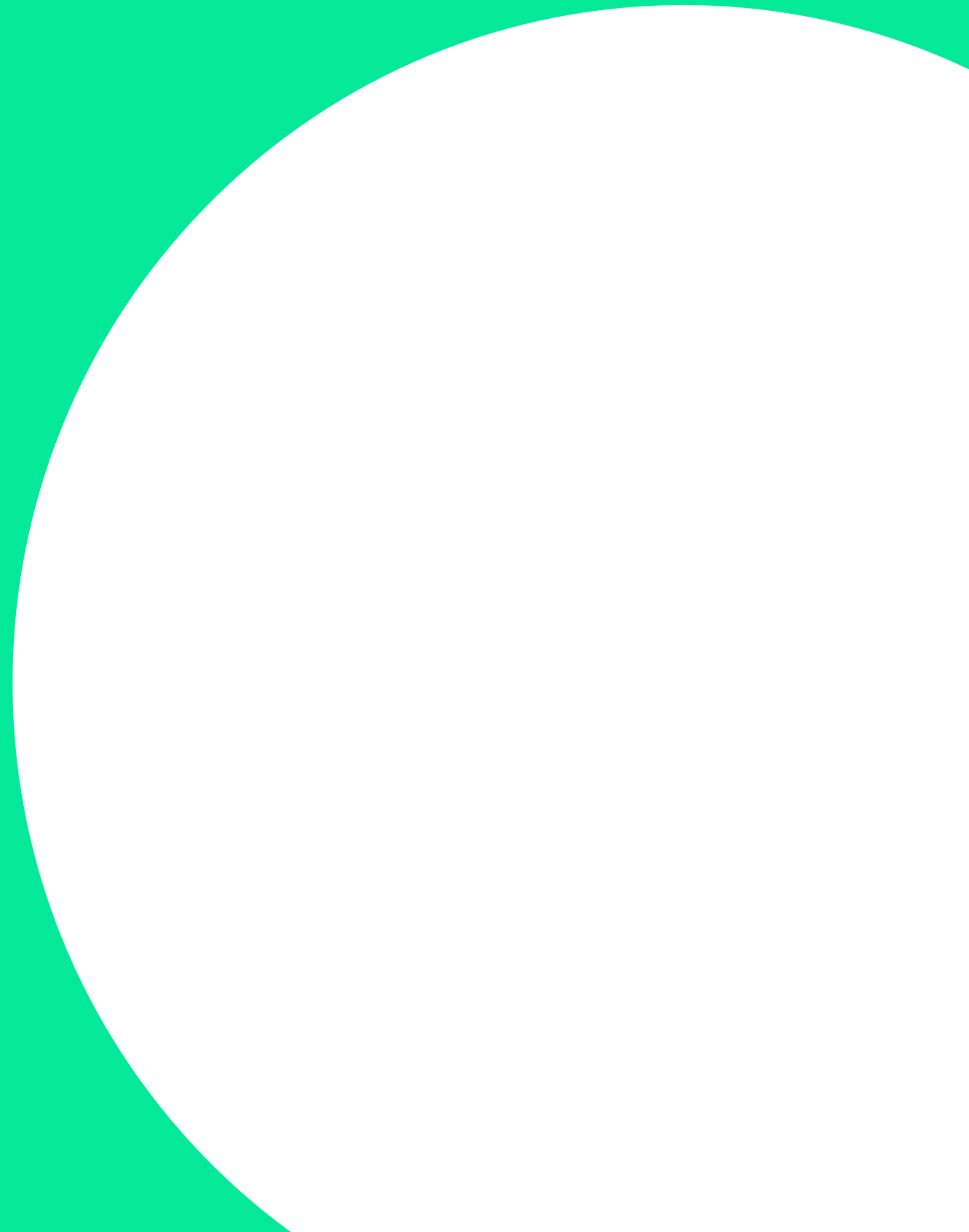


## HOW CAN WE HELP?

FIRST AID TRAINING

SEWING MACHINE  
TRAINING

# GETTING NEIGHBOURS INVOLVED





# ROLES IN YOUR STREET

Tomorrow Today Street projects include a variety of roles that allows different people on your street to get involved in ways that best match their individual interests, skills and abilities. Here are some examples of roles that you might need for your street.

## TEA MAKER

You will have the very important role of spreading positivity and putting smiles on faces by making and sharing warm beverages as everyone joins in with activities, sessions and games.

## MEETER & GREETER

Help your neighbours feel welcomed as they show interest and join in with your project.

## PHOTOGRAPHER

As the photographer, your role will be to capture memories and moments that shows your street as you take part in projects together. Ideas: how neighbours make decisions, how ideas grow and how much fun you have and what you learn during projects.



**GAMES MASTER  
(HEAD OF GAMES)**



**BEE  
BUDDY**



**STORYTELLER**



**CHICKEN  
WHISPERER**



**FIRST  
AIDER**



**PING PONG  
PLAYER**



**SHOPPER**



**WASHER  
UPPER**



**COOK**



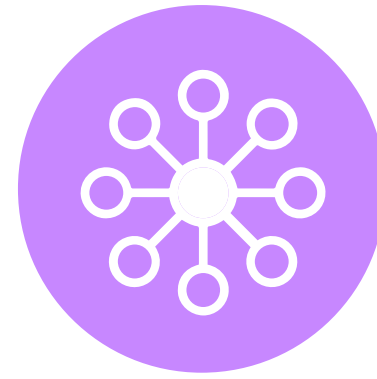
PHOTOGRAPHER



NATURE  
LOVER



TEA  
MAKER



CONNECTOR



RECYCLER



COMPOSTER



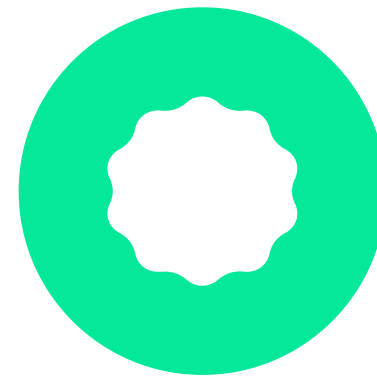
MEETER &  
GREETER



CLOTHES  
MENDER



FILM  
MAKER



BADGE  
MAKER



BAKER



KNITTER



WRITER



DIY  
EXPERT



RESEARCHER



DOG  
WALKER



LISTENER



MAKER

# HOW TO COMMUNICATE

There are as many ways to communicate as there are ways to help each other out! For your group conversations, you can use a WhatsApp or Facebook group that everyone can join in to stay up to date with the project.

People over the world have different ways to talk to their neighbours, from putting up a note on their windows to writing nice messages on post-it notes... let your imagination fly!

A phone call to check in, a chat over the fence or on the street are also all good ways to share some neighbourliness.

For the less tech savvy amongst the group, sometimes a direct call, a chat over the fence or on the street adds a personal touch that all the other formats may not, so don't underestimate how far a text can go!

Another good way to communicate about your Street Party and

invite your neighbours to join in is to put one or several posters up on your street to describe what the project is about and how your neighbours can get involved.

Once your Street Party is up and running, don't forget to keep an eye out for new neighbours moving into your street and invite them too!



## WHATSAPP

Whatsapp groups have become very popular because they allow people to send and receive messages, pictures, videos and more.

Your Street Mentor can help you moderate your group if you need or give you advice on how to manage the group.

## LEAFLETS, POSTERS & NEWSPAPERS

Putting posters and leaflets through doors, and up in the surrounding area inform those who you may not reach through door knocking.

You can leaflet to get people involved in your Tomorrow today Street or inform them of an upcoming event.

## FACEBOOK

You may want to create a private Facebook page, it's a popular way people can share videos, photos and plan! It's also a good way to keep sharing to immediate neighbours.

Phone calls and texts. Useful for the less tech savvy amongst the group, sometimes a direct call adds a personal touch that all the other formats may not, so don't underestimate how far a text can go!

## NEXT DOOR APP

The app is localised, so people living on nearby streets can recommend trades people to each other, or reach out for support or invite people to events.

# GETTING OTHER PEOPLE INVOLVED

Don't forget that some of your neighbours might not be online so phone calls and chats over the fence or on the streets are also a good way to communicate and get people thinking about the future together.

It's really useful to have a way of staying in touch with everyone who's involved. Some people may want to be super involved, and others may want to help out for a little and take a pause, whatever the circumstance, you'll need to have an easy way to talk to each other.

## BUDDY UP

There may be some people that aren't online, or have access to the internet that you've spoken to about the project. To keep them in the loop, buddy that person up with someone who preferably lives nearby who can hand deliver the message, or give them a ring about important changes, meetings and fun goings-on.



## LOAF DAY

An Open table brunch may be a great way to bring people together around the loaves but also connect together whilst sharing a meal. These spaces are perfect to inspire other neighbours to get involved for the next open table. Open tables are shared meals where everyone brings snacks and dishes they've prepared or bought.

A loaf day, a joint bread making day may be a great way of communal activity and who knows you could even provide your whole street with bread for the month. Did someone say let's break the Guinness book of records for most loafs made in a day?

## MEETINGS

It's very easy for meetings to become a bit tiresome! But residents have developed all sorts of ways of keeping meetings light and efficient. They remain a great way of checking in, supporting each other and making group decisions to get things done!

- Set a time and try to stick to it.
- At the start of your meeting decide as a group what you want to discuss but leave space at the end for comments.
- Take it in turns keeping notes.
- If there is time prepare refreshments together.
- Bring inspirational prompts, you can even use music.

Remember this is a group project so we'll help to ensure no residents are left in a position whereby they're having to take on control of group decision-making and that opportunities are spread equally through the group.

# MAKE MAGIC COMBINATIONS WITH NEIGHBOURS BY MIXING UP PROJECTS TOGETHER!



## UPCYCLE AFTERNOON

### SHARE AND MEND

MEND, DYE AND SWAP CLOTHES



### SHARING STUFF

GIVE OUT SHARING STICKERS



### TRADE SCHOOL

UPCYCLING RELATED SESSIONS



## PLASTIC UPCYCLE

### SHARE AND MEND

USE SEWING MACHINE & TOOLS TO DECORATE



### PRECIOUS PLASTICS

MAKE DIY BAGS FOR LIFE



### TRADE SCHOOL

RUN SESSIONS ON HOW TO USE PRECIOUS PLASTIC KIT

# PROMOTIONAL MATERIALS

THESE BRIGHT AND COLOURFUL LEAFLETS AND POSTERS WILL HELP YOU GET YOUR NEIGHBOURS EXCITED AND LET THEM KNOW THEIR ROAD IS ABOUT TO BECOME A TOMORROW TODAY STREET!

## INDOOR & OUTDOOR POSTERS

Waterproof and regular posters to catch your neighbours eye as they walk by. Pick a lamp post that gets a lot of traffic!

## LEAFLETS

Pop these leaflets through your neighbours door.

## NEWSPAPERS

Once you and two of your neighbours have started, you will be sent 30-50 newspapers to get even more people involved. The newspapers contain a breakdown of all 24 projects and all the introduction information.

## CONTACT CARDS

A small card for you to write your name, email or phone number so your neighbours can get in touch to find out more.

# OTHER MATERIALS

Putting up posters and handing out leaflets are great ways to promote your Share & Mend project. You can place them in community spaces, shops & cafes, in your front window and school notice boards. The leaflets can easily be put through people's letterboxes, or handed personally with a quick knock on the door to chat.

It gives you the material to show people on your street the amazing things they can do and get involved in.

Our Every One Every Day shops will be more than happy to promote your event with posters and leaflets.

There are two sets of posters & leaflets in this kit, one set that gives details about the sessions happening, they'll have a blank space to say when and where they're happening and who they can contact if they're interested. The other will be to let your neighbours know about the project and asking them to put aside any clothes that need mending or that they're happy to swap or share.

In this kit you'll have received a couple of waterproof posters and a number of leaflets as well as electronic copies of both which can be printed out if you ever need more or want to post on social media websites or to Whatsapp



# HOW WILL THIS WORK ON STREET





# ORGANISING A SHARE & MEND

When setting up a Share & Mend, organisation is key to making it fun and easy for both you and your neighbours. The best way to arrange the Share & Mend items by categories, clothes and fabrics sections separately.

Clothes that need to be mended can also be separated into one area while those that cannot be fixed, can be put into another pile for upcycling ideas.

Think about all the equipment you will need and set out a layout with fixtures before displaying clothing and textiles. Make sure to have plenty of hangers, hooks, a clothing rack, tables or worktop space and different sized boxes for storage and display.

When it comes to fabric, try to fold them neatly so it's easy to see what you have available. It's also useful to separate them by size and type of fabric. For example, smaller pieces can be put together and used for activities such as quilt making, whereas larger pieces can be used for making something large from scratch, like a skirt, or covering up a big stain on a back of jacket.

When you first start setting up this project, think about displaying posters asking your neighbours if they have any clothes they'd like to mend or any fabric they have lying about the house, which can be added to the collection for people to use.

Make sure to come to the Introduction Workshop, to find out more about the project, the equipment and also how to organise and set up a share & mend. Here you will learn tips and tricks.



# RUNNING A SHARE & MEND

Share & Mend is all about fun ways to use and re-use clothes and fabric. You want to make it look inspiring and to ensure that items are easy to access, for sharing and swapping as well for mending them. Ensure to set up a simple layout, almost like a display with a clothing rail, table with fabrics and tables with sewing machines.

Make sure to set aside some time for setting up and taking stuff down at the end of the session. When promoting a Share & Mend event, invite people to help you with setting

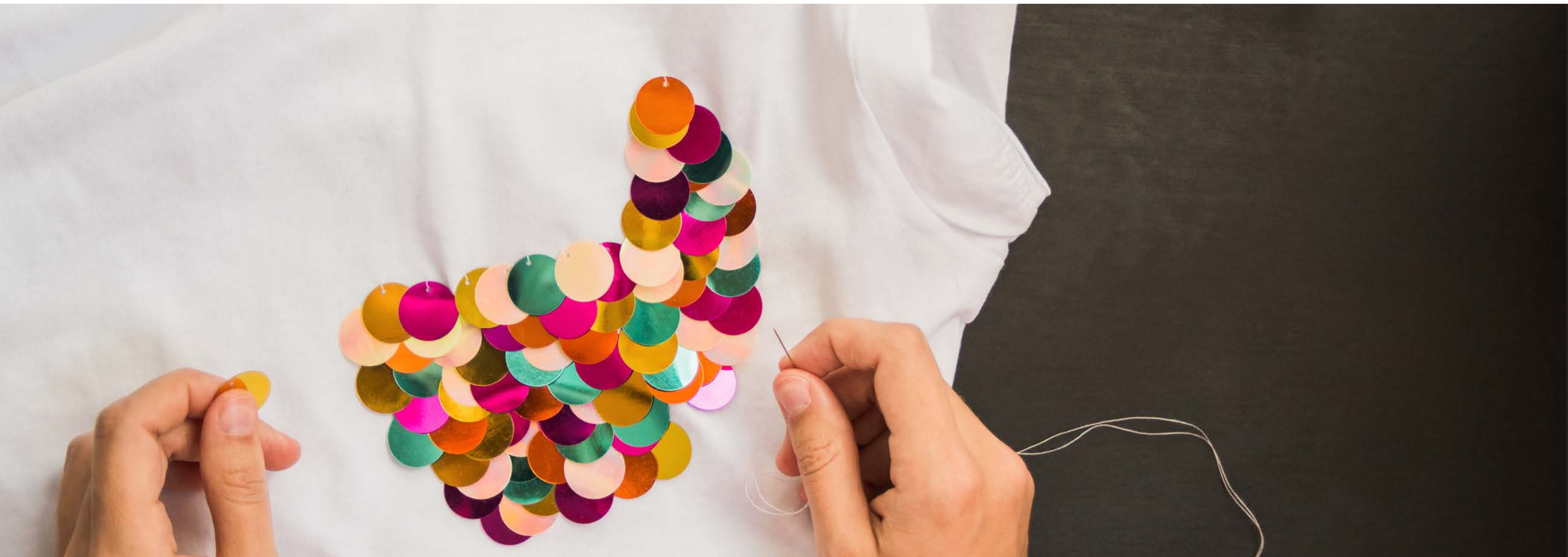
up. This is a fun project where you can meet up with your neighbours, learn new skills from one another & get mending your old clothes and making them brand new.

In terms of Health and Safety, make sure you have small pieces like buttons and sharp items like scissors placed out of reach of children.

Think about a nice and relaxed atmosphere where people can swap and browse through the clothes and discuss ways

of how to reignite a new life into those items. Perhaps a bit of background music and light treats could help you make a more friendly and relaxed space.

You can find out more on how to set and run a Share & Mend on your street by going to the [How to set up a Share & Mend station](#).



# UPCYCLING

There are limitless ways to upcycle your old clothes and unused fabric! It's a fun way to turn one thing into another, finding it a new purpose and while doing that, you can learn a new skill along the way!

## IDEA 1 - T-SHIRT TO DECORATIVE RUG

Turn your old t-shirts into a decorative rug! If your old t-shirt has reached its lifespan, you can turn it into something else. Cut the t-shirt up into long strips, role it into a thick tube, and use thread to spin around it. Make many of these jersey fabric tubes from different colour fabric and joining them with thread. And voila! You now can enjoy a new rug or a door mat for your home.



## IDEA 2 - OLD JEANS TO EMBROIDERY DREAMS

Have you got a hole in your jeans but you still like how they fit you? Well you can get creative and use many techniques to make those jeans into a trend! With a bright thread you could hand embroider around the hole, making the flaw into a new perfection.

You could use a square or round patch of another material (patterned or plain), place it underneath of your trousers where the hole is, and use a sewing machine or hand sew the patch. Now you have a new stylish design.



## IDEA 3 - POCKETS TO PLANTERS

Turning outside pockets into a hanging wall storage. If you have old trousers and jackets that are of no use, you could save those external pocket, sew them or attach them with hot glue onto a large piece of stiff fabric like canvas. The whole piece can be fixed onto a wall. Make sure the opening of the pocket is facing upwards so you can place small items like pens and notepads inside it. You could even put a small plan pot in it!

# TIPS & TRICKS

There are so many tips and tricks that have been passed down to us from generations and that we have learned from each other.

Sewing and clothes swapping is all about experiment, and we have a few tips & tricks just for that!



## 1. HELPING HANDS

When it comes to setting up Share & Mend, make sure you have plenty of helping hands to move things around and carry the boxes etc. Textiles can be heavy and you don't want one person to do it all. Also, it would be nice to get more people involved in setting it up and taking it down at the end of the session.

## 2. HELPFUL IDEAS

If you have some time before hand, you could research some ideas on how to fix, mend clothes and prepare some examples to show to others. You could even print a few easy sheets as guides and inspiration.

## 3. NOT ALWAYS ABOUT THE MACHINE

When it comes to sewing, it doesn't always mean using the sewing machine. You could have someone on a sewing machine, someone hand stitching and another person using a hot glue gun to fixate something. There's many ways to join fabric.

## 4. IT ALWAYS HAS A USE

Try to avoid wasting anything. If you really can't find a way to save that old t-shirt, well maybe it can still be useful while you do your household chores. Some fabrics like cotton are great at absorbing water and can be used to polish surfaces. You can even make a floor mop using a broom and an old tee.

## 5. DECORATING NEW

When it comes to re-using, re-purposing and upcycling, it doesn't always mean creating something completely new. You could just use embellishments and buttons to decorate something like a bag, to give it a fresh start.

## 6. FUN FOR EVERYONE

If you would like to get young children involved and don't want a hard task. You could always turn those sad worn socks into funky hand puppets. A bit of coloured string for hair and buttons for eyes will make a fantastic and free toy!

## 7. MIX & MATCH

If you get overwhelmed with the clothing sharing and think that you already have too much and don't know what to wear, start with re-organising your wardrobe before the clothes swap. Think key pieces and less is more. Also, don't be afraid to mix and match. You can get your neighbours around and organise your wardrobes together.

## 8. CARE LABELS ARE KEY

You can learn more about the fabrics by simply looking at its composition. Each garment has a care label with the information about the fibre. Find out what your clothes are made of and see if you can start recognising the types of fabrics by just feeling them.

## 9. NEW LEASE OF LIFE

Colour dyeing your clothes. If you feel like your clothes are fading, have stains or simply you are bored of the plain colour, you could experiment with dyeing clothes with different fabric dyes. You could even experiment with a simple tie-dye technique and make your clothes look vibrant again.

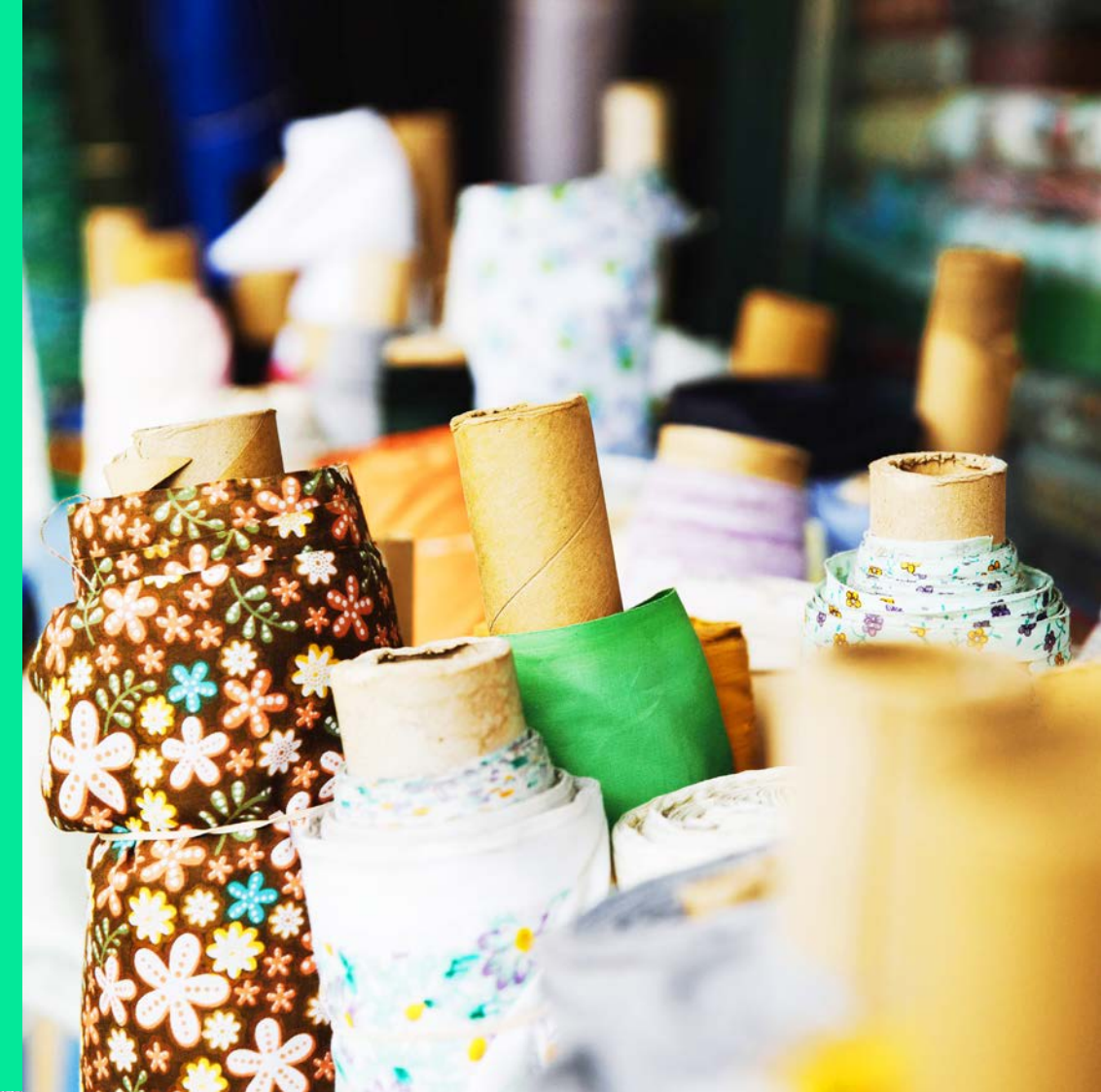
## 10. BE SAFE

Sharp items like sewing needles & pins can easily get lost. Make yourself a pin cushion where you can store your sharp pieces. It's also an easy way to use them. Another tip would be to count your needles and pins so at the end of the session, you check that you have the same amount and none have gone misplaced.

# WHY UPCYCLE?

Each year, 80 billion new garments are made worldwide. Do we really need so many clothes? It's so thrilling to get something new to wear, but by swapping your clothes and by mending, you can not only save your pocket, but also help the environment. It's as exciting to swap with your friends in exchange for a top that is new to you. The throwaway culture has been way too common nowadays, it's time for us to re-appreciate what we own and learn how to take care of it.

**SHARING AND SWAPPING  
SECOND HAND CLOTHES  
REDUCES LANDFILL WASTE.**



**UP-CYCLING CLOTHES ALLOWS  
US TO REVIVE THEM FOR A  
FRESH LOOK TO STAY ON TREND.**



**MENDING CLOTHES HELPS  
US LEARN NEW DESIGN AND  
MAKING SKILLS AND BE MORE  
ENVIRONMENTALLY FRIENDLY.**

# THEMED SHARE & MEND

If you hosted Share & Mend and you liked it so much that you couldn't wait to arrange more sessions but wanted to make the next one slightly different, you could focus on a topic or a theme. For example, around Halloween, you could come together with your neighbours, swap some costumes or design your own! It will be much cheaper to make those costumes for the kids and it will be unique to them.

## CHILDREN'S CLOTHES

Do you wish that your kids wouldn't grow up so fast so you could cherish those memories? While still little, children don't get to wear their favourite jumper or dress forever. If you don't have anyone to give those clothes that are too small and would like to keep them for your memories, why not turn them into a stuffed toy for your children or a patchwork blanket? That way that teddy bear dress will always be around.



## SHIRT TO A DRESS

The imagination is unlimited when it comes to clothing. Who would believe that you could turn a men's shirt into a dress? You could make a simple tiny dress pattern from paper or print it online and trace onto a big shirt, right in the middle. Make sure to use the middle parting with the buttons, so it will become the middle parting for the dress.



## ART & CRAFT

Making art from scraps. Instead of using paper or paint, why not host a Share & Mend session focused on craft. You could use different types of fabric with different surfaces and colours as well as buttons to create a masterpiece for your wall.



# ENJOY THE PROJECT

IF YOU HAVE QUESTIONS  
OR NEED ANY HELP, PLEASE  
CONTACT ONE THE TEAM OR  
VISIT THE WEBSITE.

[WWW.WEAREEVERYONE.ORG/  
TOMORROWTODAY](http://WWW.WEAREEVERYONE.ORG/TOMORROWTODAY)